



Blue Strawberry Mini Meal Menu

Spring / Summer 2010

Fish and Shellfish

Monkfish curry:	Roast monkfish tail Masala with Indian lentils, caramelised carrots and toasted coconut
Smoked Salmon:	Cannelloni of marinated and smoked salmon, roast red pepper salsa and crème fraîche
Seared scallops:	Queen scallops pan fried with a roasted sweet corn and tomato dressing, spiced chorizo and watercress salad
Cornish crab:	Succulent white crab meat with slithers of cucumber, an avocado and horseradish purée and a lime, hazelnut and vanilla dressing
Seared tuna:	Marinated tuna roll on Asian coleslaw salad, wasabi mayonnaise and a lime and sesame dressing
Salmon:	Poached salmon, watercress and asparagus salad, asparagus mayonnaise

Meat and Chicken

Duck salad:	Roast shredded duck and watermelon salad with spring onion, mizuna and a soy and ginger dressing
Steak and chips:	Fillet of beef with pont neuf potatoes and sauce Diane
Bangers and mash:	Organic Cumberland sausages, creamy mash and onion gravy
Kiev:	Roast guinea fowl Kiev on a potato rösti with pea, mint and parsley salsa
Coq au Vin:	With Alsace bacon, caramelised shallots, tarragon mash and a red wine and sherry vinegar reduction
Slow roast lamb:	Braised Mediterranean lamb breast with courgettes, pea beignets, salsa verde and aioli

Vegetarian

Tempura:	Tempura courgette flower stuffed with citrus ricotta, on aubergine capponata with basil oil
Risotto:	Crispy tomato risotto with kalamata olives, bocconcini mozzarella, sunblush tomatoes and balsamic mayonnaise
Goat's cheese mousse:	Oak smoked Woolsery English goat's cheese mousse with marinated baby artichoke, Chioggia beetroot and fig infused balsamic
Vegetable curry:	Goan coconut milk Masala curry, crisp vegetable pakora, caramelised sweet potato and spiced pilau rice
Brie brûlée	Truffled brie crème brûlée with grilled asparagus tips and caramelised palmier biscuits
Tortellini:	Fontina tortellini with orange and date purée, toasted hazelnuts

OPB House - 26-28 Sidney Road - London SW9 0TS

Tel (020) 7733 3151 - www.bluestrawberry.co.uk - Fax (020) 7733 3154

Blue Strawberry - a division of MJT Holdings Limited - Registered in England - Company registration number 6006815



Mini desserts

Pistachio and olive oil cake with roast lychee and crème fraîche

Mini summer pudding with green tea ice cream

Caramelised apricot tart with pistachio cream

Chocolate mousse with cherry compôte and cinnamon shortbread

Summer berry tart with clotted cream mousse

Vanilla panna cotta, sablé biscuit and a strawberry crisp

If you would like any further suggestions for your event, or have any dietary requirements, please do not hesitate to ask.